

## Traveling to Uzbekistan - B1



[https://www.youtube.com/watch?v=22wYnU\\_HXro](https://www.youtube.com/watch?v=22wYnU_HXro)

### Transcript

Today's topic comes from one of our listeners. If you want your topic to be featured, share it with us in the comments. Have you ever considered traveling to Uzbekistan for your next vacation? Uzbekistan is a country located in Central Asia, with beautiful landscapes and historic cities. Visitors can explore many attractions, including ancient buildings and vibrant local markets. One of the must-see places is Samarkand, an ancient city full of history. Its architecture is stunning, with grand mosques and beautifully decorated tombs. Registan Square is a famous landmark that every traveler must visit to take amazing photographs. Another interesting city is Bokhara, known for its well-preserved city center. Walking around its picturesque streets offers a glimpse into its rich cultural heritage. There are numerous museums showcasing unique artifacts from the country's history. The local cuisine in Uzbekistan is something you should not miss. Traditional dishes like plov, a rice dish with meat and vegetables, are delicious and flavorful. At local restaurants, travelers can try a variety of food that reflects the region's cultural influences. People in Uzbekistan are welcoming and friendly, always eager to help visitors. While English is not widely spoken, you can find helpful information in major tourist spots. Learning a few words in Uzbek can enhance your travel experience and communication with locals. When planning a trip to Uzbekistan, consider visiting during spring or autumn. These seasons offer mild weather, making it comfortable for exploring all the beautiful sights.

## CEFR Level Card

**General level:** B1.8

**Vocabulary level:** B1.4

**Verb form level:** A2.5

**Clause level:** B1.0

**Prosody level:** B2.2

## Phrases and Idioms

Lemma	Count	Sentences
come from (someone or something)	1	<ul style="list-style-type: none"><li>• Today's topic <b>comes from</b> one of our listeners.</li></ul>
make it (something)	1	<ul style="list-style-type: none"><li>• These seasons offer mild weather, <b>making it</b> comfortable for exploring all the beautiful sights.</li></ul>
walk around	1	<ul style="list-style-type: none"><li>• Walking <b>around</b> its picturesque streets offers a glimpse into its rich cultural heritage.</li></ul>

# Listening Comprehension Exercises

## True / False

1. Uzbekistan is situated in Southeast Asia, known for its scenic landscapes and historical towns.
2. Samarkand is an ancient city in Uzbekistan renowned for its impressive architecture and significant historical relevance.
3. Plov, consisting of rice, meat, and vegetables, is among the traditional dishes in Uzbekistan that is highly recommended for travelers.
4. In Uzbekistan, English is commonly used and visitors can easily communicate regardless of the location.
5. Visiting Uzbekistan during spring or autumn is advisable due to the favorable weather conditions.

## Multiple Choice

1. Why is Samarkand considered a must-see place in Uzbekistan?
  - A. It has stunning architecture, including grand mosques and beautifully decorated tombs.
  - B. It is known for its vibrant nightlife.
  - C. It is the capital city of Uzbekistan.
  - D. It is the busiest commercial hub in Uzbekistan.
  
2. What makes Registan Square appealing to travelers?
  - A. It is a famous landmark ideal for amazing photographs.
  - B. It has a modern design.
  - C. It offers the best shopping experience in the city.
  - D. It is the only place to take photographs in Uzbekistan.
  
3. Which season is recommended for visiting Uzbekistan?
  - A. Spring
  - B. Winter
  - C. Summer
  - D. Monsoon
  
4. How can language barriers be managed while traveling in Uzbekistan?
  - A. Rely solely on English-speaking guides.
  - B. Avoid interacting with locals.
  - C. Learn a few words in Uzbek to enhance communication.
  - D. Only visit places where English is mandatory.
  
5. What is notable about Bokhara's city center?
  - A. It is famous for its contemporary architecture.
  - B. It is a major financial district.
  - C. It is the newest part of the city.
  - D. It is well-preserved and offers a glimpse into rich cultural heritage.

## Short Answer

1. What is a must-see place in Uzbekistan?
2. What traditional dish should you try in Uzbekistan?
3. In which city can you find Registan Square?
4. Why should you consider visiting Uzbekistan in spring or autumn?
5. How are the people in Uzbekistan described?

## Exercise Answers

### True / False Answers

1. Answer: False

Explanation: The text states that Uzbekistan is located in Central Asia, not Southeast Asia.

Answer location: "Uzbekistan is a country located in Central Asia, with beautiful landscapes and historic cities."

2. Answer: True

Explanation: The text describes Samarkand as an ancient city with stunning architecture and historical importance.

Answer location: "One of the must-see places is Samarkand, an ancient city full of history. Its architecture is stunning, with grand mosques and beautifully decorated tombs."

3. Answer: True

Explanation: The text recommends trying plov, a traditional dish, highlighting its taste and ingredients.

Answer location: "Traditional dishes like plov, a rice dish with meat and vegetables, are delicious and flavorful."

4. Answer: False

Explanation: The text indicates that English is not widely spoken, and communication might be challenging outside major tourist spots.

Answer location: "While English is not widely spoken, you can find helpful information in major tourist spots."

5. Answer: True

Explanation: The text suggests visiting in spring or autumn due to the mild and comfortable weather in these seasons.

Answer location: "When planning a trip to Uzbekistan, consider visiting during spring or autumn. These seasons offer mild weather, making it comfortable for exploring all the beautiful sights."

### Multiple Choice Answers

1. Answer: A

Explanation: Samarkand is highlighted for its historical significance and stunning architecture, not as a commercial or nightlife center.

Answer location: "Its architecture is stunning, with grand mosques and beautifully decorated tombs."

2. Answer: A

Explanation: Registan Square is renowned as a great place for photography due to its iconic status and architectural beauty, not for modern design or shopping.

Answer location: "Registan Square is a famous landmark that every traveler must visit to take amazing photographs."

3. Answer: A

Explanation: Spring is suggested because the mild weather makes it comfortable for exploring the sights.

Answer location: "When planning a trip to Uzbekistan, consider visiting during spring or autumn."

4. Answer: C

Explanation: Learning some Uzbek phrases is recommended to improve communication with local people as English isn't widely spoken.

Answer location: "Learning a few words in Uzbek can enhance your travel experience and communication with locals."

5. Answer: D

Explanation: Bokhara is noted for its historic and well-preserved city center, reflecting cultural history.

Answer location: "Another interesting city is Bokhara, known for its well-preserved city center. Walking around its picturesque streets offers a glimpse into its rich cultural heritage."

## Short Answer Answers

1. Answer: Samarkand.

Explanation: Samarkand is highlighted as a must-see destination due to its historical significance and stunning architecture.

Answer location: "One of the must-see places is Samarkand, an ancient city full of history."

2. Answer: Plov.

Explanation: Plov is mentioned as a traditional Uzbek dish that is both delicious and flavorful.

Answer location: "Traditional dishes like plov, a rice dish with meat and vegetables, are delicious and flavorful."

3. Answer: Samarkand.

Explanation: Registan Square is noted as a famous landmark located in the city of Samarkand.

Answer location: "Registan Square is a famous landmark that every traveler must visit to take amazing photographs."

4. Answer: Mild weather.

Explanation: Spring and autumn have mild weather, which is ideal for exploring the country's attractions.

Answer location: "These seasons offer mild weather, making it comfortable for exploring all the beautiful sights."

5. Answer: Welcoming and friendly.

Explanation: The people in Uzbekistan are described as welcoming and friendly towards visitors.

Answer location: "People in Uzbekistan are welcoming and friendly, always eager to help visitors."



# Create Quiz Questions from a YouTube Video in Seconds!

1. Paste the video link.
2. Select the question type.
3. Choose the number of questions.

Let Cathoven turn any YouTube video into a listening exercise!



Questions

1. Why do adult cats meow?

A. To scare away predators  
B. To communicate with each other  
C. To express dominance  
D. To communicate with humans

**Answer:** D  
**Explanation:** Adult cats meow primarily to communicate with humans, not with each other.  
**Answer location:** "But domesticated cats have learned that we humans are suckers for their meows and adapted to use it to get what they want from us."

2. At what stage do cats stop meowing to communicate with each other?

A. When they are adults  
B. After being domesticated  
C. As soon as they are born  
D. Before they are weaned

**Answer:** A  
**Explanation:** Cats stop meowing to communicate with each other once they reach adulthood.  
**Answer location:** "as adults, however, cats don't actually meow at each other to communicate."